



# Get to know Your VSP Vision Benefits - 2026



# Using Your Benefit is Easy

## If you are enrolled with VSP...

1. Create an account at **t-mobile.vspforme.com** and review your personalized benefit information.
2. Find a VSP in-network doctor by visiting **t-mobile.vspforme.com** or calling **800.877.7195**.
3. Simply tell your eye doctor's office that you have VSP—and we'll take care of the rest!



# Your VSP Plan Snapshot: In-Network Coverage

## Frequency

Exam: Every Calendar Year  
Frame: Every Calendar Year  
Lenses: Every Calendar Year

## Copays

**\$5** WellVision Exam®  
**\$25** Glasses  
**\$60** Contact lens exam

## Allowances

**\$200** frame  
**\$200** contacts  
(instead of glasses)

VSP® members save an average annual savings of **\$489\***

# Your VSP Plan Snapshot: Lens Enhancements

## Lenses

Fully covered single vision,  
lined bifocal and lined trifocal  
lenses

## Lens Enhancements

Fully covered standard progressives and impact  
resistant lenses for children

Average savings of 30% on other lens  
enhancements

VSP<sup>®</sup> members save an average annual savings of **\$489\***

# The Choice is Yours

It's easy to choose the care that's right for you.



Private Practice  
locations



Retail  
locations



Online at  
Eyeconic®

Your benefits go further  
when you visit a  
**VSP Premier Edge™**  
location, including  
**private practice doctors**  
and **Visionworks®!**

vsp  
**PREMIER**  
edge

Get more  
at preferred  
in-network  
doctor locations

Participating  
Retail Chains  
like these –  
and more

**COSTCO**  
OPTICAL

Walmart  
Vision Center

sam's club

EST. 1961  
**PEARLE** **VISION**

**R**optical  
The people who care for your eyes.

**SHOPKO**  
Optical

private  
practice  
doctors

**Visionworks**

# The Right Doctor for You

## Using the Find a Doctor tool on [t-mobile.vspforme.com](https://t-mobile.vspforme.com) is easy

Visit [t-mobile.vspforme.com/eye-doctor](https://t-mobile.vspforme.com/eye-doctor) (or navigate from [vsp.com](https://vsp.com) home page)

Enter the preferences that are meaningful to you like:

- Location
- Gender
- Language
- Frame brands
- Specialty
- Services
- Hours & Scheduling

Members | Log In / Create an Account | Choose Language

[FIND A DOCTOR](#) | [BENEFITS](#) | [OFFERS](#) | [EYEWEAR AND WELLNESS](#) | [PLAN OPTIONS](#) | [SHOP](#)

### Find an Eye Doctor

To ensure you see an in-network eye doctor for your plan,  
Create an Account or Log In before you search.  
You'll get more and save more in-network!

[EDIT SEARCH +](#) | [CLEAR FILTERS](#) | [HIDE ADVANCED SEARCH -](#)

Doctor Network Choice <a href="#">about doctor network</a>	Type of Doctor	Products <a href="#">about products</a>	Services <a href="#">about services</a>
Frame Brands	Hours & Scheduling	Gender	Language

Distance (in miles)  5 10 25 50 100 [Apply Filters](#)

A sliding distance bar makes finding a match nearby easy. You can even opt to view locations on a map.

# Savings Beyond Benefits

**50%** ▶ Save 50% on additional pairs of glasses and sunglasses at Visionworks®

**\$250** ▶ Average savings at Eyeconic®, plus free shipping and returns

**Plus, VSP members get access to Exclusive Member Extras**

**\$20** ▶ Extra \$20 on Featured Frame Brands

**\$1,200** ▶ Save up to \$1,200 on Lasik

**\$300** ▶ Get up to \$300 in contact lens rebates

**60%** ▶ Save up to 60% on hearing aids with TruHearing®\*

Offers vary based on state and benefit plan. Brands and offers subject to change.

\*VSP is providing information to its members but does not offer or provide any discount hearing program. VSP makes no endorsement, representations or warranties regarding any products or services offered by TruHearing, a third-party vendor.

TruHearing is not insurance and not subject to state insurance regulations. For additional information, please visit [vsp.com/offers/special-offers/hearing-aids/truhearing](https://vsp.com/offers/special-offers/hearing-aids/truhearing). For questions, contact TruHearing directly. Not available directly from VSP in the states of Washington and California.



# Frequently Asked Questions

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## Where can I view my vision benefit information?

You can view your vision benefit information from your VSP member account. Here's how:

- Go to **t-mobile.vspforme.com** and log in to your account or create an account if you need to.
  - Once logged in, click "View Your Benefits" in the Your Benefits tile.
  - Use the buttons on the next page to view your benefit information, find out how to use your benefits, and view your claim history.
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## Where can I find my member ID card and ID number?

While no ID card is needed when you visit a VSP network provider, you can print a card for your records from your VSP member account.

When you make an eye appointment, your doctor may ask for your VSP member ID or member number. This may be the last four digits of your (the primary subscriber's) social security number or a unique ID given by your employer (if you are enrolled through your workplace).

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## How do I view my Vision Benefit Statement (VBS)?

You can view your Vision Benefit Statement from your member account. Once logged in, visit the Your Benefit & Claim History section.

If your VBS doesn't open when you click on it, disable your pop-up blocker, as these can sometimes prevent the document from opening.

# Frequently Asked Questions

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## What happens if I see an out-of-network provider?

Your VSP benefits will always go further when you see an in-network eye doctor and you don't need to file for reimbursement.

## How do I submit an out-of-network reimbursement claim?

When you go out-of-network, you're missing out on savings and possibly paying more out-of-pocket. However, if you'd like to see an out-of-network provider, please call Member Services at **800.877.7195** (TTY: 711) to see if you have out-of-network benefits. Once Member Services confirms if you have out-of-network coverage or not, they will be able to walk you through the process for submitting an out-of-network claim.

You can also submit an out-of-network claim online! Just follow these steps:

- Log in to your **t-mobile.vspforme.com** account
- Click on "View Your Benefits"
- Click "Submit a Claim" under "Oops! Did You Go Out of Network?"
- Click "Start New Claim"

## How can I view my claim history?

You can view your claim history from your VSP member account. Once logged in, go to the "View Your Benefits" section and click "View Your Benefits." On the next page, select "Benefit History."

The next page will display your claim history by year and your Vision Benefit Statements (VBS).

*Tip: Disable your pop-up blocker if you have trouble opening your VBS.*

# Thank you!

VSP helps you see well and be well with the coverage and quality care you deserve.

Visit [t-mobile.vspforme.com](https://t-mobile.vspforme.com) or call **800.877.7195**.

